CO-RESEARCH WITH THE COMMUNITY

CONTENTS PAGE

RESOURCES

1. Bristol Ageing Better:

- ***A) Toolkit: Co-production within Research***
  1. ***Introduction and structure of the toolkit***
  2. ***Our learning and recommendations about co-research***

  This toolkit shares our learning, recommendations and insights about co-production within research, based on our own experiences within the Bristol and Torbay Ageing Better programmes. While these insights are based on research that has been co-produced with people aged 50+, we believe they also apply to other projects and target populations.

- ***B) Community Researchers: Interim report on five years of learning***

  An evaluation of the Bristol Ageing Better Community Researchers initiative, including learning and recommendations for others. This evaluation was conducted by the University of the West of England (UWE).

- ***C) Learning Event - Community Researchers***

  In May 2019, BAB facilitated a shared learning event with 5 other Ageing Better programmes; Sheffield, Leicester, Torbay, Leeds and Cheshire. The purpose of the event was to share learning about the involvement of older people as volunteer researchers. This learning report shares the key findings from this event.

- ***D) Video: Co-production in research - Insights from Bristol and Torbay, 25-02-2021***

  This webinar is part of the Stronger Together programme: a co-production webinar series with Ageing Better. During this webinar the Ageing Better programmes in Bristol and Torbay share their collective learning and recommendations about co-production within research.

- ***E) Video: Exploring Co-Production in Research, 11-05-2021***

  This workshop recording is part of the Stronger Together festival of learning about co-production with Ageing Better. During this workshop, the Ageing Better programmes in Bristol and Torbay explore their experiences of co-produced research in more detail.

2. Ageing Well Torbay:

- ***Our First Two Years***
An overview of the first two years of the Ageing Well Torbay programme, including input from Torbay's Citizen Evaluators.

3. Ambition for Ageing Greater Manchester:

- ***The value of small community-led equalities research projects***
This report explores the value of community-led equalities research by evaluating five short research projects in Ambition for Ageing's 'Ageing Equally?' programme. Five organisational members of the Equalities Board each received £2,000 to deliver a research project over six months in 2019.Each researched a specific marginalised community in a defined geographic area linked to the research question: "What makes a good place to grow older for people who belong to minority communities?".

4. Brightlife Cheshire:

- ***Evaluation of Co-Researcher Training, Executive Summary – Legacy Report***
The University of Chester developed a bespoke training course for volunteers interested in becoming co-researchers in the Brightlife project. This summary reports on the views and experiences of eight Brightlife co-researchers from the first cohort of volunteers to evaluate and improve future training courses

5. Leicester Ageing Together:

- ***The LAT Community Explorers Project***
An overview of the Community Explorers project within Leicester Ageing Together, including how it worked, strengths, challenges and learning

6. N8 and ESRC Research Partnership:

- ***Knowledge That Matters: Realising the Potential of Co-Production***
This study represents one of the first fully evidenced accounts of the benefits to be realised from the adoption of co-production methodologies within research. The findings demonstrate that by better partnership working between academics and non-academics – co-production – it is entirely possible to achieve research excellence and significant public benefit.

7. Time to Shine Leeds:

- ***Volunteer Listeners Report***
This Volunteer Listeners report provides stories about older people's experiences of social isolation as part of the evaluation Of Time to Shine, Leeds. The report details the

Volunteer Listeners Approach as an idea, its development, pilot testing and full implementation during2019. The methodology is simple, volunteers hold conversations with older people to capture their stories, and notes about these are then produced as stories.

STORIES

1. Bristol Ageing Better:

- ***A) Community Development for Older People evaluation report***
  A report presenting the key findings from an in-depth evaluation of Community Development projects within Ageing Better. This evaluation was conducted by the University of the West of England (UWE) and a team of volunteer Community Researchers aged 50+.

- ***B) Community Navigators evaluation report***
  An in-depth evaluation repot of the Community Navigators social prescribing project within Bristol Ageing Better. This evaluation was conducted by the University of the West of England (UWE) and a team of volunteer Community Researchers aged 50+.

TOOLS

1. Ambition for Ageing Greater Manchester:

- ***A) A spatial approach to working with marginalised communities – 4 page briefing***
  Involving marginalized older people in group activities is key to achieving equality. This briefing is designed to support those working at a neighbourhood level to identify and work with marginalized communities in their area.

- ***B) Mapping and working with marginalised communities - A workbook to guide you in identifying and supporting seldom heard communities in your neighbourhood***
  A companion document to the above briefing, guiding practitioners through the process of identifying marginalized groups, mapping marginalized groups and suggested approaches to working with marginalized groups.

2. National Institute for Health Research (NIHR):

- ***A map of resources for co-producing research in health and social care***
  This document provides a map of practical resources that can help when co-producing research in health and social care. It was produced as part of a project thinking about the challenges of doing co-production in health and social care research. It is not a review of academic papers, nor is it a comprehensive or exhaustive guide to co-production. It provides a selection of resources, toolkits and guidance to help you

through the process of thinking about what co-production means in your project. It contains practical information and links which our team and the people who worked with us thought could be useful.

3. Social Care Institute for Excellence (SCIE):

- ***Co-production in social care: what it is and how to do it – At a glance***
  This 'At a glance' briefing summarises SCIE's guide 'Co-production in social care' and has been developed in partnership with Think Local Act Personal (TLAP). It covers what coproduction is and tips for how to do it successfully.